

**4th Annual
For God & Country 0.1 k Run
Registration Form**

AFTER 8/19/2019 T-SHIRTS ARE NOT GUARANTEED

- **Single Registration:** \$20.00 if paid by 8/18/19 **(1) T-shirts included.**
- **Family Registration** \$40.00 if paid by 8/18/19 **(2) T-shirts included.**
(Additional t-shirts are available for an additional \$10 each)

Run Information

Date: Saturday, September 14, 2019

Where: Clock Tower Park
Corner of Ridge Road and Grant St, Lansing IL

Time: 10:15am

Participant Names: _____

Address: _____ City/zip _____

Email: _____ Phone: _____

Adult Shirt Size: **Crew** ___XS___S___M___L___XL___2XL___3XL___4XL

Ladies V-Neck ___XS___S___M___L___XL___2XL___3XL___

Youth: ___2T___3T___4T___S___M___L

I hereby confirm that I (we) am (are) in good physical condition and do not suffer any disabilities or physical conditions that place me at risk or otherwise prohibits my participant in the 4th Annual For God & Country 0.1K Run, Walk or Crawl. Furthermore, I release St. John's Lutheran Church and School, any sponsors, volunteers from any injuries that I may acquire from participation in this event.

Signature of Participants or Guardian: (If under 18, parent or guardian signature needed)

_____ Date: _____

_____ Date: _____

_____ Date: _____

_____ Date: _____

_____ Date: _____

OR REGISTER ONLINE @
<https://stjohnsfunrun.eventbrite.com>